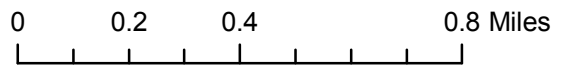


East Rock



East Rock

DISTANCE (MILES)

8.5

DIFFICULTY

—low key—
legit
hard core

NOTES

East Rock summit
Rice Field
College Woods
Nica's
Lulu's
Romeo's

MILE MARKER

CUES

- 0.0 Head east down WALL ST.
- 0.3 Turn LEFT onto ORANGE ST.
- 2.1 Turn RIGHT onto ENGLISH DR.
Lights are recommended during all hours on English Drive.
- 2.5 Turn LEFT onto OLD ENGLISH DRIVE (the service road).
Pass around the gate and continue up the hill.
- 3.9 Turn LEFT onto the main road up East Rock after the gate at the top of Old English Drive.
- 4.4 Continue up to the summit of East Rock.
Return using the same route, or by descending the main road and turning left onto Park Drive/Farnum Drive.
- 8.2 Turn RIGHT onto GROVE ST from Orange St.
- 8.5 Turn LEFT onto COLLEGE ST.

NOTE

East Rock Park closes after dark.