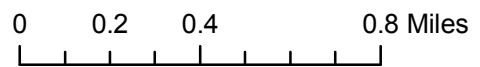


# West Rock



# West Rock

DISTANCE (MILES)

11.3

DIFFICULTY

—low key—  
legit  
hard core

NOTES

Farmington Canal Trail  
Beaver Pond  
Southern CT State University  
West Rock  
Common Ground HS  
Downtown Westville  
Edgewood Park

MILE MARKER

CUES

- 0.0 Head north on COLLEGE ST, continuing onto PROSPECT ST.
- 0.4 Turn LEFT onto PROSPECT PL (one way in wrong direction).  
Use Prospect > Sachem > Mansfield > Prospect Pl to obey one ways.  
The Canal Street pedestrian bypass can also be used.
- 0.5 Turn RIGHT onto the FARMINGTON CANAL TRAIL  
at the end of Prospect Pl.
- 1.7 Turn LEFT onto BASSET ST.
- 2.0 Turn LEFT onto FOURNIER ST.
- 2.3 Turn RIGHT onto CRESCENT ST.
- 2.5 Turn RIGHT into the SCSU PARKING LOT.
- 2.6 Continue past the booth, through the parking lot, and onto the path  
toward the circular planter. Continue around the planter and  
to the left, continuing up the path to the pedestrian bridge.
- 2.7
- 2.8 Cross the pedestrian bridge.
- 2.9 Turn RIGHT onto FARNHAM AVE.
- 2.9 Turn LEFT onto WINTERGREEN AVE.
- 3.4 Veer LEFT then RIGHT, continuing along WINTERGREEN AVE.
- 3.8 Turn LEFT, continuing along WINTERGREEN AVE.
- 4.1 Turn LEFT into WEST ROCK STATE PARK.
- 4.2 Pass the gate and turn LEFT, following the signs to West Rock Ridge.  
Judges' Cave is also worth a visit.  
Follow the road back down the hill.
- 6.9 Turn RIGHT back onto WINTERGREEN AVE.
- 7.2 Turn RIGHT, continuing along WINTERGREEN AVE.
- 7.5 Keep RIGHT, transitioning onto SPRINGSIDE AVE.
- 8.3 Turn RIGHT onto BLAKE ST.
- 8.6 Turn LEFT onto WHALLEY AVE. Welcome to Downtown Westville.
- 8.7 Turn RIGHT onto CENTRAL AVE.
- 8.9 Turn LEFT onto Yale Ave.
- 9.4 Turn LEFT onto EDGEWOOD AVE.
- 10.8 Turn LEFT onto HOWE ST.
- 10.9 Turn RIGHT onto ELM ST.
- 11.3 Continue down Elm St back to campus.