West Rock

DISTANCE (MILES)  DIFFICULTY  NOTES
11.3 — low key — Farmington Canal Trail

legit   Beaver Pond

hard core   Southern CT State University

West Rock

Common Ground HS

Downtown Westville

Edgewood Park

MILE MARKER  CUES
0.0  Head north on COLLEGE ST, continuing onto PROSPECT ST.
0.4  Turn LEFT onto PROSPECT PL (one way in wrong direction).

Use Prospect > Sachem > Mansfield > Prospect Pl to obey one ways.

The Canal Street pedestrian bypass can also be used.

0.5  Turn RIGHT onto the FARMINGTON CANAL TRAIL

at the end of Prospect Pl.

1.7  Turn LEFT onto BASSET ST.
2.0  Turn LEFT onto Fournier ST.
2.3  Turn RIGHT onto CRESCENT ST.
2.5  Turn RIGHT into the SCSU PARKING LOT.
2.6  Continue past the booth, through the parking lot, and onto the path
toward the circular planter. Continue around the planter and
to the left, continuing up the path to the pedestrian bridge.
2.8  Cross the pedestrian bridge.
2.9  Turn RIGHT onto FARNHAM AVE.
2.9  Turn LEFT onto WINTERGREEN AVE.
3.4  Veer LEFT then RIGHT, continuing along WINTERGREEN AVE.
3.8  Turn LEFT, continuing along WINTERGREEN AVE.
4.1  Turn LEFT into WEST ROCK STATE PARK.
4.2  Pass the gate and turn LEFT, following the signs to West Rock Ridge.

Judges’ Cave is also worth a visit.

Follow the road back down the hill.

6.9  Turn RIGHT back onto WINTERGREEN AVE.
7.2  Turn RIGHT, continuing along WINTERGREEN AVE.
7.5  Keep RIGHT, transitioning onto SPRINGSIDE AVE.
8.3  Turn RIGHT onto BLAKE ST.
8.6  Turn LEFT onto WHALLEY AVE. Welcome to Downtown Westville.
8.7  Turn RIGHT onto CENTRAL AVE.
8.9  Turn LEFT onto Yale Ave.
9.4  Turn LEFT onto EDGEWOOD AVE.
10.8  Turn LEFT onto HOWE ST.
10.9  Turn RIGHT onto ELM ST.
11.3  Continue down Elm St back to campus.